

Dear Washington Youth Soccer Coaches –

On July 24, 2015, Senate Bill 5083 – also known as the Sudden Cardiac Arrest Awareness Act – becomes effective. The law mandates that **ALL coaches** (paid or volunteer) at organizations using school district facilities in the State of Washington are educated in the nature and risk of sudden cardiac arrest prior to the first practice/competition. This education shall include signs and symptoms of sudden cardiac arrest. The new law is an important step in ensuring player safety and mitigating sudden cardiac arrest risk.

Washington Youth Soccer is taking the following steps to help educate you and other coaches by:

1. Publishing sudden cardiac arrest resources from Washington Interscholastic Activities Association (WIAA) and the complete law on the Washington Youth Soccer website, including an online pamphlet providing information about sudden cardiac arrest: http://www.washingtonyouthsoccer.org/resources/concussion_and_head_injury/sudden_cardiac_arrest_awareness_compliance/.
2. Requiring all coaches to complete an online sudden cardiac arrest prevention program and submit to their club/association a certificate showing completion of the program. WIAA is still working on the training program for coaches; in the meantime, WIAA recommends using the National Federation of State High School Associations (NHFS) online training. The training takes approximately 15 minutes and is available for free at <https://nfhslearn.com/courses/61032>.

Once you have completed the online training, you must provide your club with a copy of your completion certificate.

To read more information on the new sudden cardiac arrest awareness law, as well as the concussion and head injury law, visit http://www.washingtonyouthsoccer.org/resources/concussion_and_sudden_cardiac_arrest_awareness/.

If you have any questions, please contact:

Cowlitz Youth Soccer Association
cysa.registrars@gmail.com

Keli Bitow, Administrative Services Washington Youth Soccer
KeliB@washingtonyouthsoccer.org
(253) 944-1608

Terry Fisher, CEO Washington Youth Soccer
terry@washingtonyouthsoccer.org
(253) 944-1601